

GETTING READY FOR WINTER 2014



Fyne Homes Ltd



Useful Information and Facts

Have regular hot drinks and at least one hot meal a day if possible. Eating regularly helps keep energy levels up during winter.

Keep as active as possible. Don't use all your energy at once, spread activities out to keep you active throughout the day.

Keep your main living room at around 18-21C (64-70F), and the rest of the house at least 16C (61F). If you can't heat all the rooms you use, heat the livingroom during the day and the bedroom just before you go to sleep.

Close curtains as soon as it gets dark to keep the heat in.

Keep in touch with family and friends. Make sure all battery powered appliances are fully charged so they can be used to their full capacity.

If you are over the age of 65, or have an underlying health issue, such as diabetes, or a heart problem speak to your doctor about having a flu vaccination – it can offer protection.

Essential Emergency Items



Candles, Batteries, Matches, Torches, Hot Water Bottle, Bottled Water, Blankets, Gloves, Warm Jumpers

Emergency Repairs

We hope that you will not have any problems with your home while our offices are closed over the festive season. However should any problems arise please remember that assistance in a genuine emergency can always be obtained by calling.....

0800 592 276



Your call will be answered by the Hanover Telecare call centre, where one of their trained repair operators will take the details of your repair and arrange the necessary assistance.

Please note that this service is for “emergency” repairs only.

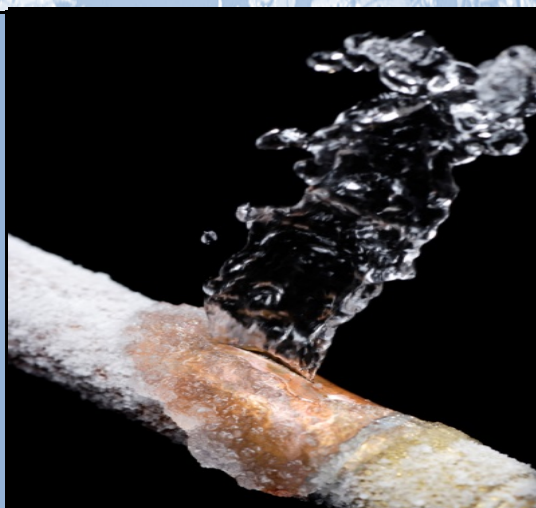
Burst & Frozen Pipes; To help prevent burst and frozen pipes you should keep your home as warm as possible. Always remember to turn off the water supply and drain down the hot water cylinder if you are leaving your home for any length of time.

If you do get a burst pipe:

Turn off the water

Turn on all taps as quickly as possible

Identify where the burst pipe is and telephone the Association's emergency number





*Fyne Homes Ltd Registered Office:
81 Victoria Street, Rothesay, Isle of Bute, PA20 0AP
Registered Social Landlord (Reg 321)
Registered Charity No. SCO009152
Industrial and Provident Societies Act (Reg No 1454 R[S])
Incorporating: William Woodhouse Strain Housing Association*